

Instructions

UNCONSCIOUS PERSON IS LYING ON THEIR BACK



112



1. Can you wake the person up?

- Try to wake them up by talking and shaking.

2. If the person does not wake up, call 112.

- Put the phone on speaker.

3. Check if the person's breathing is normal.

- Clear the airways by tilting the head back and lifting the chin up.
- Feel the breath with your cheek.
- Also check if the person's chest is moving.

4. If the person's breathing is normal, secure the breathing by turning them on their side.

5. Ensure that the airways are clear and see if the breathing remains normal.

- Observe the patient until the paramedics arrive.